



EUROPEAN REGIONAL
DEVELOPMENT FUND

Workshop 3A - *Room Alfa*

Facing Demographic Change – Deactivating the Ticking Bomb

Speakers:

PADIMA project – Good Practice: "Move to the mountain region-Hedmark, Norway"
Ancuta Pasca, Project Officer, European association of mountain areas, Brussels (BE)

PEOPLE project – Good Practice: "Ons Net Nuenen"
Kees Rovers, Director, Close the Gap, Nuenen & Gerwen & Nederwetten (NL)

DART project – Good Practice: "Abloy's Agemaster Programme"
Eeva Hirvola-Kostamo, Communications Manager, Abloy Oy (FI)

Moderators:

Zornitsa Tsoneva, Project and Communication Adviser, INTERREG IVC

Petra Polášková, Communication Adviser, INTERREG IVC

AGING WITH GRACE

Aging is a fact of life. If we don't age we don't grow, we don't learn, we don't move past childish thoughts into adulthood. Once we reach adulthood if we don't age then we will never be able to claim elderly wisdom, we won't be able to claim that our wrinkles are simply laugh lines, and we won't have the joy and pleasure of seeing our children and grandchildren into adulthood.

